

# Current strategic lines and development structures in Sweden

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# The democratic system in Sweden

## National level

- ☐ Elections to the Swedish parliament
- ☐ Central government agencies
- ☐ Responsible for legislation

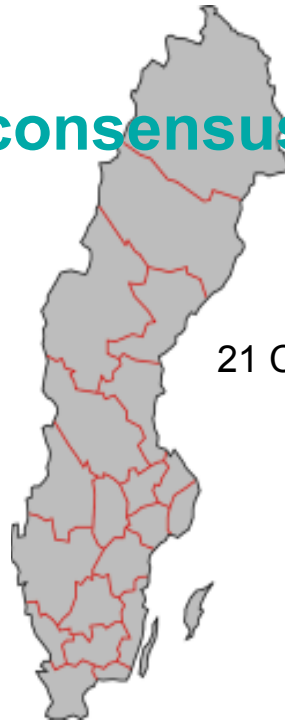
## Regional level

- ☐ Elections to the County Council Assembly
- ☐ Responsible for organising, financing and providing health care services

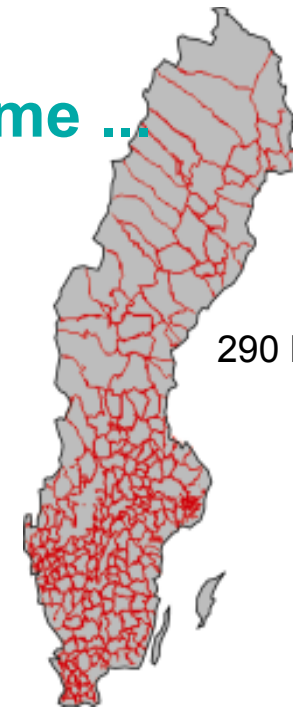
## Local level

- ☐ Elections to the Municipal Council
- ☐ Responsible for care of elderly and disabled

Requires consensus, takes time ...



21 Countys



290 Municipalities

## The challenge for health and social care

- ❑ Aging population.
- ❑ More lifestyle-related health problems
- ❑ Majority of healthcare spending is on chronic condition management
- ❑ We must find more efficient ways to deal with this and IT is one of the solutions

## The challenge for health and social care

- ❑ Welfare sector needs to hire 420,000 employees over the period 2010 to 2020.
- ❑ **225 000 new employees are needed in health and social care until 2023 if no changes are made to working practices and staffing.**
- ❑ To finance welfare in 2035 we need to raise tax by 13 SEK out of 100 SEK earned.



## EMR market in Sweden

### ☐ Four dominating EMR vendors in healthcare in Sweden

- Cambio (Cosmic)
- CompuGroup Medical (TakeCare, PMO, J3 & Medidoc)
- SIEMENS (Melior, Obstetrix)
- Every (System Cross)

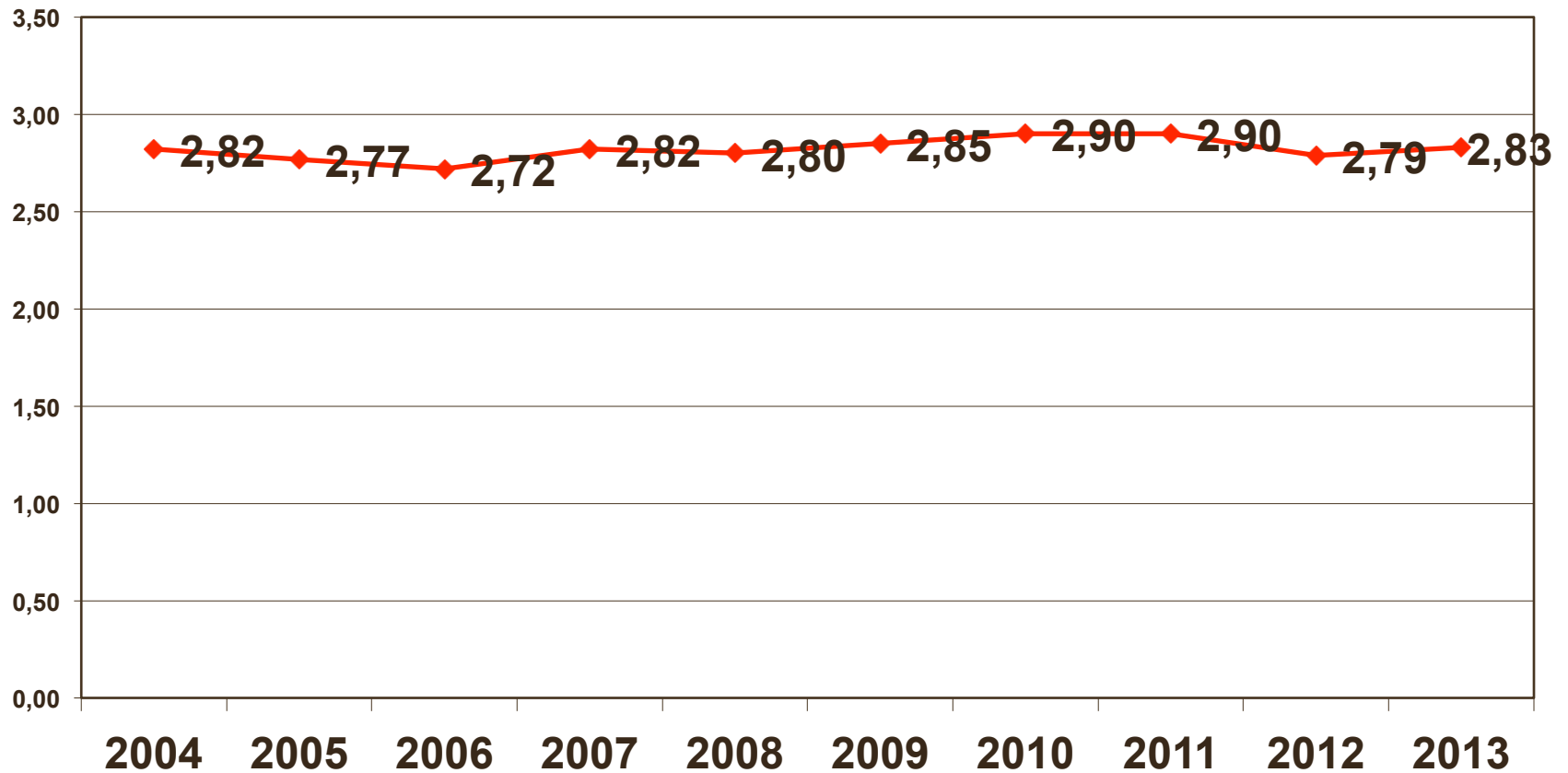
### ☐ At the municipal side, there are three dominant players

- Tieto (Procapita), CGI (Treserva) and Pulsen (MagnaCura)

### ☐ Early adopters of IT in health care. Many systems from the 90's

### ☐ The three largest county councils (Stockholm, Västra Götalandsregionen and Region Skåne) are preparing for a joint procurement in 2015 (covers 50% of the population in Sweden)

## County council IT costs as proportion of turnover 2004 - 2013 (%)



## Action Plan 2013-2018 with goals for 2018

### ☐ Individuals

- Can access all information about themselves
- Can play an active role in their care and nursing

### ☐ Employees

- Have the right tools
- Right information

### ☐ Decision-makers

- Access to evidence-based data



## A shift in perspective...



The patient at the center



The patient in the team

# Health care strategies in Sweden

My health  
My Information  
My decisions

Right information at  
the right time at the  
right place is crucial

Citizens choose  
healthcare  
providers

Funds follows  
citizens

Hospital

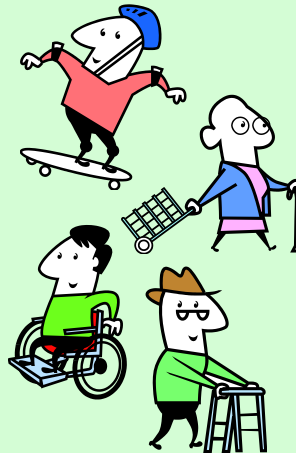


Emergency care

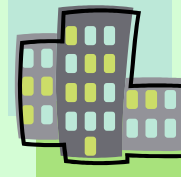
Diagnostics

Highly specialized care

Citizens & Patients



Primary care



Elderly care



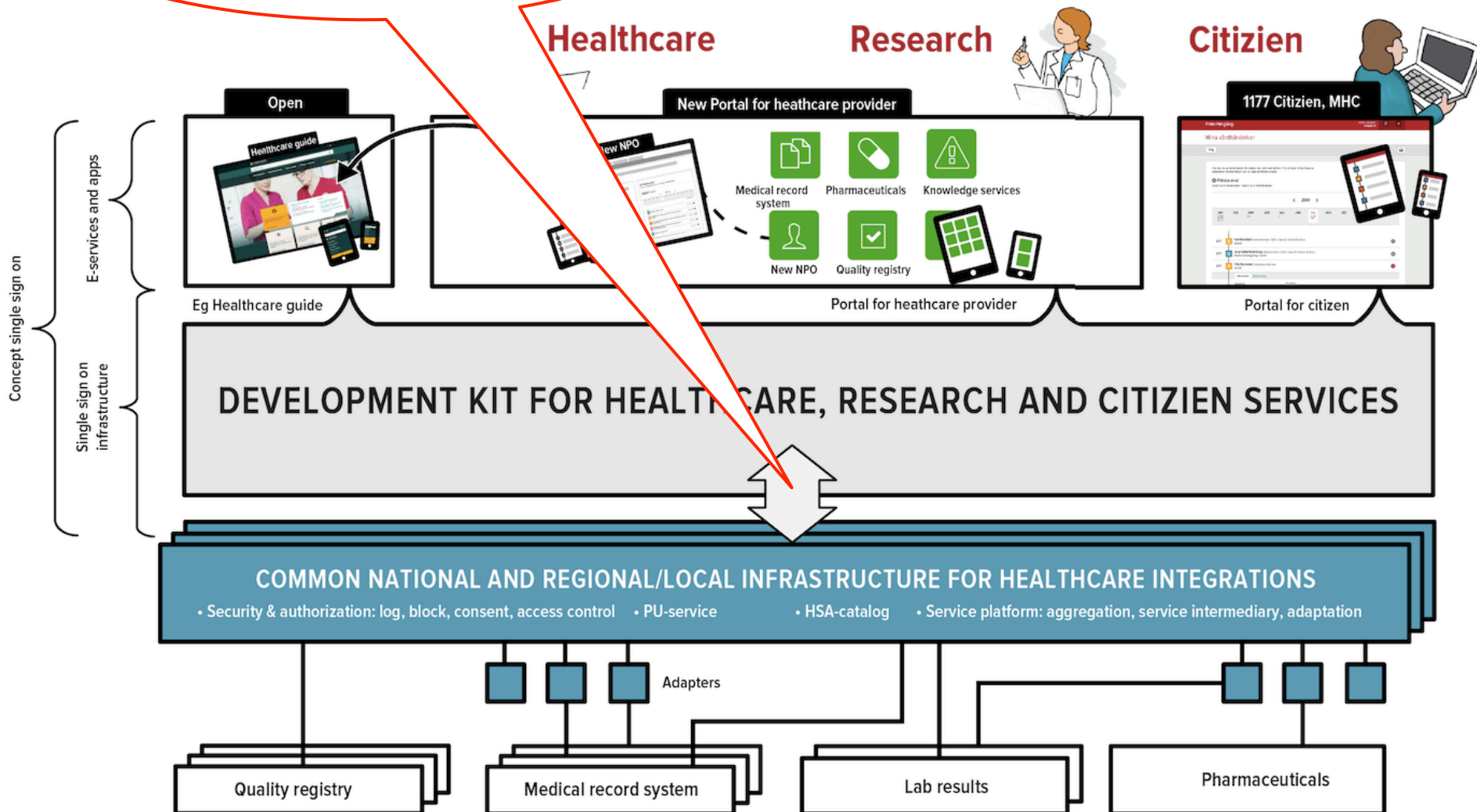
Home



Change in Healthcare services

# Platform for eHealth in Sweden

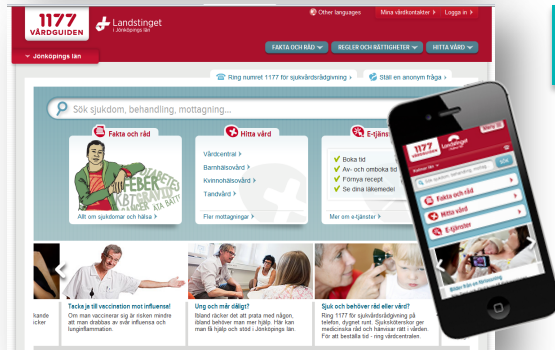
Infrastructure based on standards and open interfaces for the industry to use in services





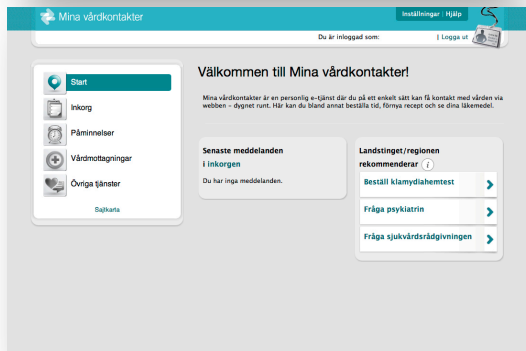
## 1177 Call center

- ❑ 5.5 million calls 2013
- ❑ 73% follow the advice
- ❑ 50% of the calls leads to self-care



## 1177.se

- ❑ 6 million visits/month



## My care contacts

- ❑ 1.8 million users (19% of the population)
- ❑ 114 000 Personal cases per month
- ❑ 12 000 appointment transactions per month

# Medication

- ❑ A National Medication Database (NOD) - pilot 2015  
Prescribing and dispensing information
- ❑ EMR-system integration 2016

*When prescribing medication, the provider can store and access information about a patient's entire medication use*

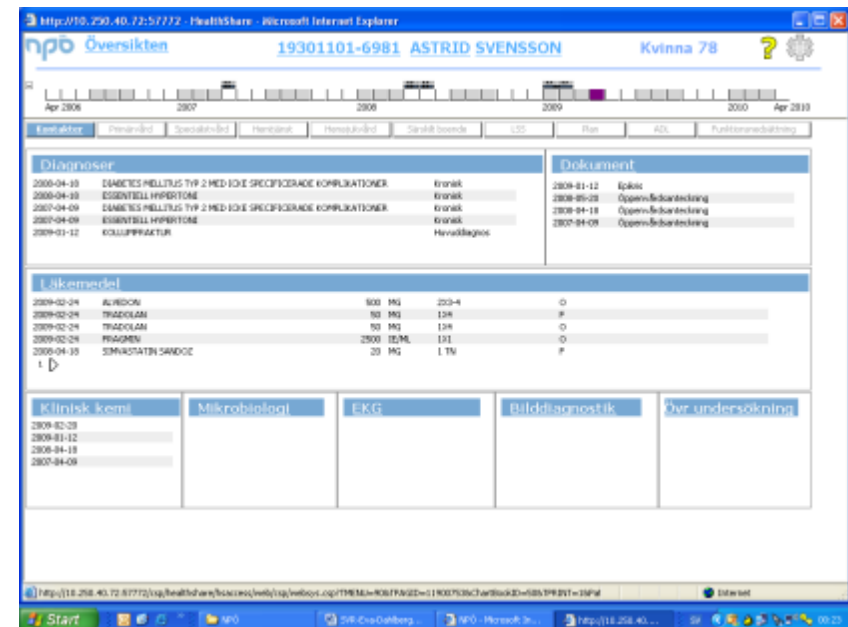
The screenshot displays the Inera NOD interface. At the top, there are tabs for 'Läkemedel' (Medications) and 'Handelsvaror' (Trade names). Below these, a patient's information is shown: 'Förnamn Efternamn' (First name Last name) and '19170211-6862' (ID number). To the right of the patient information, there are buttons for 'Graviditet' (Pregnancy), 'Interaktion' (Interaction), 'Amning' (Breastfeeding), and 'Biverkan' (Side effect). Below this, there are buttons for 'Förnya' (Renew), 'Sätt ut' (Dispense), 'Utvärdera' (Evaluate), and 'Makulera' (Void). A green button labeled 'Ny ordination' (New prescription) is also visible. The main part of the interface is a table titled 'Aktuella' (Current) showing a list of medications. The table has columns for medication name, strength, dosage form, frequency, and indication. The medications listed are Emconcor, Imdur, Nitromex, Oxascand, Plendil, and Trombyl. At the bottom of the interface, there is a footer with the text 'DORIS anrop: 0,2s | SIL anrop: 0,7s' and a button labeled 'Skriv ut DOS-recept (PDF)' (Print DOS-prescription (PDF)).

Medication	Strength	Dosage Form	Frequency	Indication
Emconcor	5 mg	Filmdragerad tablett	1+0+1+0	Högt blodtryck
Imdur	30 mg	Depottablett	1+0+0+1	Hjärtsvikt
Nitromex	0,5 mg	Resoriblett, sublingual	1-2 tabletter vid behov	Kärlkramp
Oxascand	15 mg	Tablett	1 tablett vid behov	Oro
Plendil	5 mg	Depottablett	1+0+1+0	Högt blodtryck
Trombyl	160 mg	Tablett	1+0+0+0	mot trombos



## National Patient Overview for healthcare professionals

- ❑ All 21 county councils are connected as producers and consumers of information
- ❑ A further 100 private healthcare providers are connected through care contracts with the county councils
- ❑ 185 of 290 municipalities are connected as consumers. 64 is in the process of connecting. Less than 10 connected as producers.
- ❑ 10 private caregivers are connected as consumers.



# Strong positions (e.g. ePrescription, Patient Summary, EHR) that can be exploited to create economic growth and export?

**Läkemedel** Handelsvaror

Förnamn Efternamn  
19170211-6862 **DOS**

Graviditet Interaktion  
Anning Biverkan

Ny ordination

Aktuella	Förny	Sätt ut	Utvärdera	Äskulera	
<input type="checkbox"/> Emconcor	disp	5 mg	Filmraderad tablett	1+0+1+0	Högt blodtryck
<input type="checkbox"/> Imdur		30 mg	Depottablett	1+0+0+1	Hjärtsvikt
<input type="checkbox"/> Nitromex		0,5 mg	Resoriblett, sublingual	1-2 tabletter vid behov	Kärlkramp
<input type="checkbox"/> Oxascand		15 mg	Tablett	1 tablett vid behov	Oro
<input type="checkbox"/> Plendil		5 mg	Depottablett	1+0+1+0	Högt blodtryck
<input type="checkbox"/> Trombyl	disp	160 mg	Tablett	1+0+0+0	mot trombos

DORIS anrop: 0,2s | SIL anrop: 0,7s

http://118.258.40.72:57772 - HealthShare - Microsoft Internet Explorer

**Översikten** 19301101-6981 **ASTRID SVENSSON** Kvinna 78

2006 2007 2008 2009 2010 2011

Levdatorer: Förelärd, Sjukvård, Hälsovård, Hälsoförhållande, Sjukvård, L2, Rön, ADL, Publikationshistorik

Diagnoser	Dokument
2009-04-10 ENKELT HELLTUS TYP 2 MED ENKELT SPECIFICERADE KOMPLIKATIONER	Kronisk
2009-04-10 ENKELT HELLTUS TYP 2 MED ENKELT SPECIFICERADE KOMPLIKATIONER	Kronisk
2007-04-09 ENKELT HELLTUS TYP 2 MED ENKELT SPECIFICERADE KOMPLIKATIONER	Kronisk
2009-01-12 KOLUPPSTÄLLNING	Hälsobeskrivning

Läkemedel	Dokument
2009-02-24 ALVEDON	500 mg 220-4
2009-02-24 TRAZOLAM	100 mg 124
2009-02-24 TRAZOLAM	100 mg 124
2009-02-24 PRAGMIS	200 mg 124
2009-04-10 SIMVASTATIN SÄNDOK	20 mg 1 TN

Klinisk kemi Mikrobiologi EKG Bilddiagnostik Övrig undersökning

2009-02-28  
2009-01-12  
2008-04-10  
2007-04-09

**1177 VÄRDGUIDEN** Landstinget i Jönköpings län

Other languages Mina vårdkontakter Logga in

Jönköpings län

FAKTA OCH RÅD REGLER OCH RÄTTIGHETER HITTA VÅRD

Ring numret 1177 för sjukvårdsrådgivning Ställ en anonym fråga

Sök sjukdom, behandling, mottagning...

**Fakta och råd** **Hitta vård** **E-tjänster**

**Fakta och råd**  
Allt om sjukdomar och hälsa

**Hitta vård**  
Vårdcentral  
Barnhälsovård  
Kvinnohälsövård  
Tandvård  
Fler mottagningar

**E-tjänster**  
✓ Boka tid  
✓ Av- och omboka tid  
✓ Förnya recept  
✓ Se dina läkemedel  
Mer om e-tjänster

**Ung och mår dåligt?**  
Ibland räcker det att prata med någon, ibland behöver man mer hjälp. Här kan man få hjälp och stöd i Jönköpings län.

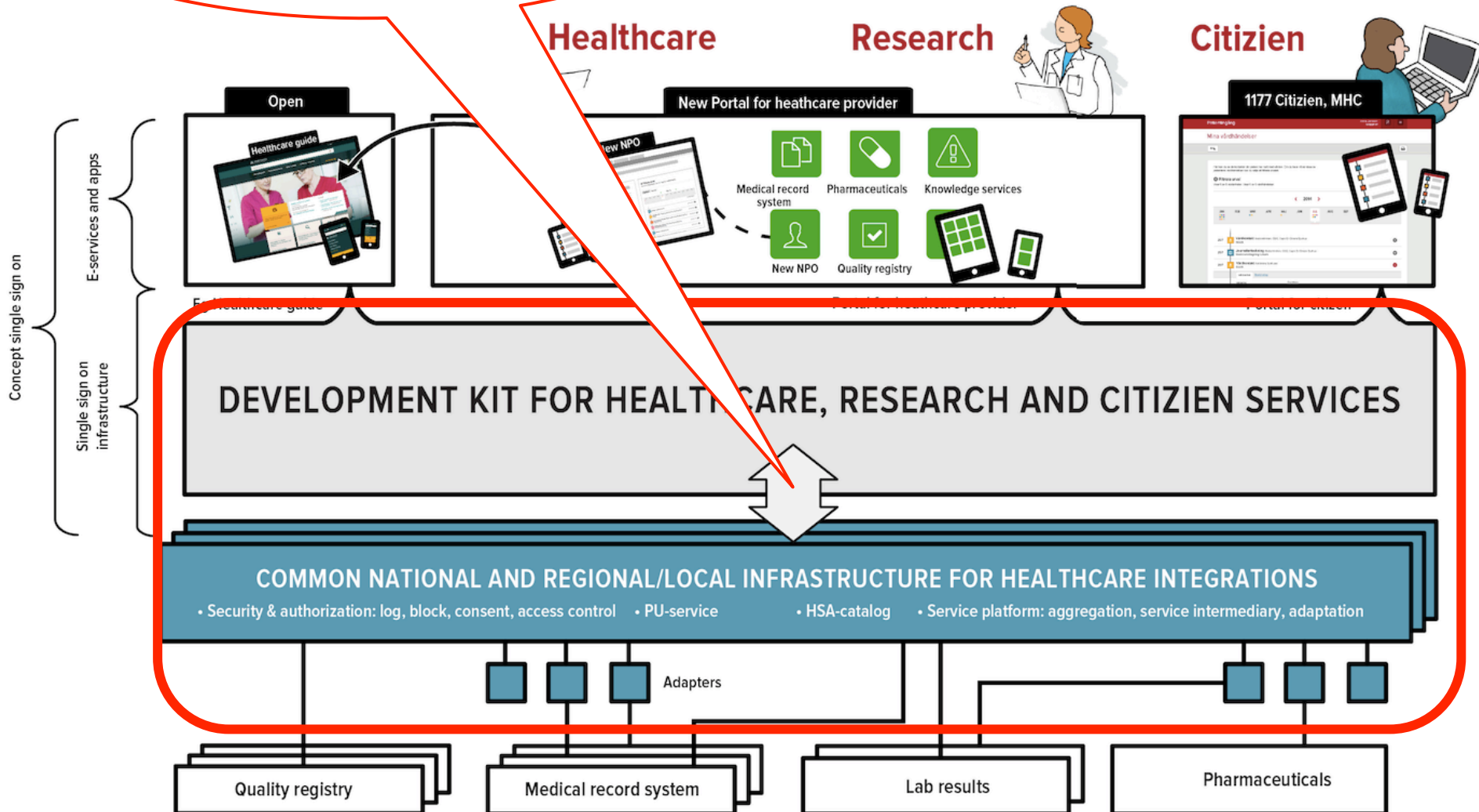
**Sjuk och behöver råd eller vård?**  
Ring 1177 för sjukvårdsrådgivning på telefon, dygnet runt. Sjuksköterskor ger medicinska råd och hänvisar rätt i vården. För att beställa tid - ring vårdcentralen.

**Gratis v**  
Flickor fö  
vaccinat  
på länet  
mottagn



# Platform for eHealth in Sweden

Infrastructure based on standards and open interfaces for the industry to use in services



# Wellness, health and health care eco system!



Blood pressure



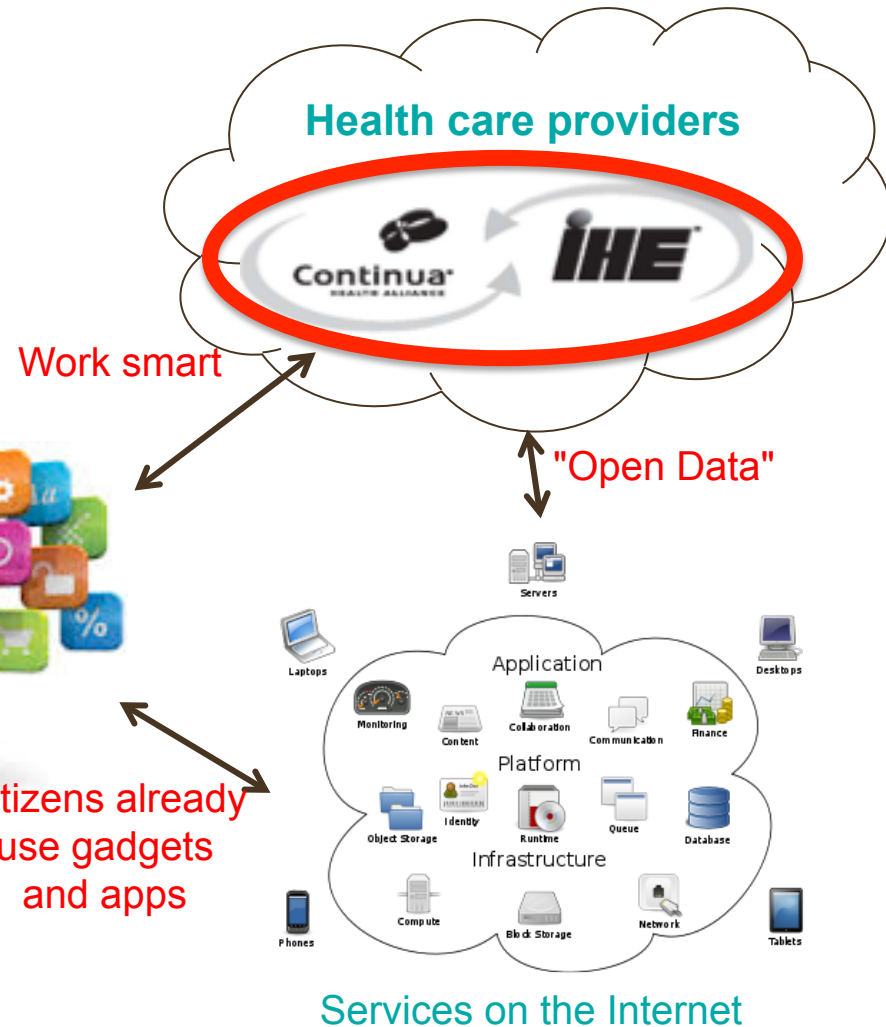
Weight, heart rate, BMI



Steps, sleep, calories



Glucose



# Wellness, health and health care eco system

## Personal Device

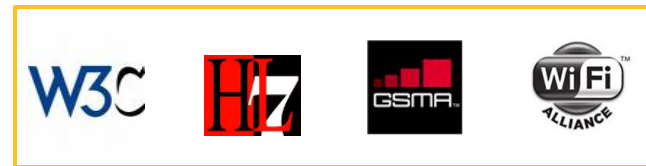


Device Connectivity

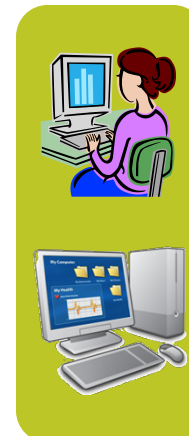
## Aggregation Manager



## Telehealth Service Center



Wide Area Network (WAN) Interface



Health Record Network Interface

## Health Records

CCD

PCD 01



EHR

HIE

PHR

NHIN

## Strong positions (e.g. ePrescription, Patient Summary, EHR) that can be exploited to create economic growth and export?

- ☐ International standards are essential for an open eHealth system in which different providers can compete to offer products and services
- ☐ Actively contribute to and comply with international standards in the health care field
- ☐ Work together with the industry on standardization issues to find the right level of standardization to enable them to be innovative competitive in the market
- ☐ A wellness, health and health care eco system might be exploited to create economic growth and export
- ☐ Nordic cooperation in this area would be valuable

# Thank you!

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